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|--------------|---|
| n° circuit:  | Carnet de route 1                             |
| nom circuit: | Boucle du Pays de Bray et la vallée de l'Epte |
| distance:    | 40 KM   |
| dénivelé:    | 469   |
| temps:       | 3h20 (trajet direct)                          |

| km   | localité                           | altitude | direction | route      | vers                               | Boutique | Poste | marché | Supermarché | Boucherie           | boulangerie | café                | pique-nique | restaurant | Banque (distributeur) | Garage | pharmacie | vélociste | Abris vélo/pause vélo | Toilettes | parking | ligne de train | aire de camping-car | OT | ligne de bus | Services<br>spéciaux |
|------|------------------------------------|----------|-----------|------------|------------------------------------|----------|-------|--------|-------------|---------------------|-------------|---------------------|-------------|------------|-----------------------|--------|-----------|-----------|-----------------------|-----------|---------|----------------|---------------------|----|--------------|----------------------|
| 40.0 | Saint Germer de Fly (Place Verdun) | 103      | ↑         | x          | x                                  | x        | x     |        |             | x                   | x           | x                   |             | x          | x                     | x      | x         |           |                       | x         | x       |                |                     | x  | x            | x                    |
| 40.0 | Les Tourbières                     | 88       | ↑         | CV         | Saint Germer-de-Fly (Place Verdun) |          |       |        |             |                     |             |                     | x           |            |                       |        |           |           |                       | x         | x       |                |                     |    |              | x                    |
| 36   | Saint-Pierre-Es-Champs             | 100      | ↑         | CV         | LES Tourbières                     |          |       |        |             |                     |             |                     |             |            |                       |        |           |           |                       |           |         |                |                     |    |              |                      |
| 34.0 | Le Mont Saint Hélène               | 191      | ↑         | CV         | Saint-Pierre-Es-Champs             |          |       |        |             |                     |             |                     |             |            |                       |        |           |           |                       |           | x       |                |                     |    |              | x                    |
| 33.5 | Saint-Pierre-Es-Champs             | 100      | →         | CV         | Le Mont Saint Hélène               |          |       |        |             |                     |             |                     |             |            |                       |        |           |           |                       |           |         |                |                     |    |              |                      |
| 33.0 | Neuf-Marché                        | 86       | ←         | D1/D104/CV | Saint-Pierre-Es-Champs             |          |       |        |             |                     |             |                     |             | x          |                       |        |           |           |                       |           |         |                |                     |    |              |                      |
| 31.5 | Les Flamands                       | 184      | ↑         | D 19       | Neuf-Marché                        |          |       |        |             |                     |             |                     |             |            |                       |        |           |           |                       |           |         |                |                     |    |              |                      |
| 29.0 | Amécourt                           | 151      | ↑         | CV         | Les Flamands                       |          |       |        |             |                     |             |                     |             |            |                       |        |           |           |                       |           |         |                |                     |    |              |                      |
| 24.0 | Talmoniers                         | 77       | ↑         | CV         | Amécourt                           |          |       |        |             |                     |             |                     |             |            |                       |        |           |           |                       |           |         |                |                     |    |              |                      |
| 22.5 | Amécourt                           | 151      | →         | CV         | Talmoniers                         |          |       |        |             |                     |             |                     | x           |            |                       |        |           |           |                       |           |         |                |                     |    |              | x                    |
| 19.0 | Sérifontaine                       | 72       | ↑ →       | CV/D660    | Amécourt                           |          |       |        |             |                     |             |                     |             |            |                       |        |           |           |                       |           |         |                |                     |    |              |                      |
| 15.0 | Lalande en Son                     | 180      | ↑         | CV         | Sérifontaine                       |          |       |        | x           | x                   | x           | x                   |             | x          | x                     | x      | x         |           |                       |           | x       | x              |                     | x  |              |                      |
| 11.0 | Puiseux en Bray                    | 125      | ↑         | CV GR125   | Lalande-en-Son                     |          |       |        | x           | Vendeur<br>Ambulant | x           | Vendeur<br>Ambulant |             | x          | Vendeur<br>Ambulant   |        |           |           |                       |           |         |                |                     |    |              |                      |
| 7.0  | Les Binaux (Cros)                  | 216      | ←         | CV         | Puiseux-en-Bray                    |          |       |        |             |                     |             |                     |             |            |                       |        |           |           |                       |           |         |                |                     |    |              |                      |
| 4.5  | Saint Germer de Fly (Place Verdun) | 103      | ←         | CV         | Les Binaux                         |          |       |        |             | x                   | x           | x                   |             | x          | x                     | x      | x         |           |                       | x         | x       |                |                     | x  | x            | x                    |



Point le plus haut : 216



Point le plus bas : 72